

Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Veggie Mediterranean pasta bake	Fish fingers	Roast turkey	Chicken burritos	Chicken pizza
Main Choice 2	Cheese and cauliflower bake	Vegetable fingers	Roast quorn	Veggie burritos	Veggie pizza
Extra Choices	Jacket potatoes with cheese or tuna	Cheese or tuna sandwiches		Jacket potatoes with cheese or tuna	Cheese or tuna sandwiches
Sides	Garlic bread, green beans and carrots	Mashed potato, baked beans and sweetcorn	Roast potatoes, herb stuffing, broccoli, cauliflower and vegetable gravy	Mexican rice with chipotle sauce and mexican salad	Chips and baked beans
Sweets	Yoghurt or fruit salad	Fruit jelly and melon slices	Lemon cupcakes, milk	Chocolate sponge and custard	Jelly or ice cream

Fresh salad, fruit, yoghurt and bread available daily

Week Two



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Chickpea masala	All day breakfast	Cornish style pasties	Jerk fusion chicken	Southern fried chicken
Main Choice 2	Potato curry	Veggie all day breakfast	Cheese and onion paties	Jerk fusion quorn	Grilled halloumi or southern fried quorn
Extra Choice	Jacket potatoes with cheese or tuna	Cheese or tuna sandwiches		Cheese or tuna sandwiches	Jacket potatoes with cheese or tuna
Sides	Rice, fresh bread, carrots and sweetcorn	Hash browns and baked beans	Diced herb potatoes, peas and carrots	Rice, coleslaw, sweetcorn and green beans	Chips, baked beans and cabbage salad slaw
Sweets	Yoghurt or fruit	Chocolate cracknell and fresh melon slices	Chocolate mousse or fruit salad	Melting moment biscuits and fresh pineapple slices	Jelly or ice cream

Fresh salad, fruit, yoghurt and bread available daily

Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Vegetable chow mein	Fishcakes	Lasagne	Turkey biryani	Chicken burger
Main Choice 2	Stir fried veg noodles	Veggie nuggets	Vegetable lasagne	Vegetable curry	Veggie burger
Extra Choice	Jacket potatoes with cheese or tuna	Cheese or tuna sandwiches	Jacket potatoes with cheese or tuna	Cheese or tuna sandwiches	Jacket potatoes with cheese or tuna
Sides	Fried rice and prawn crackers	Mashed potato, baked beans and carrots	Garlic bread, green beans and sweetcorn	Rice, naan bread and mixed veg	Chips, baked beans and coleslaw
Sweets	Yoghurt or fresh melon slices	Apple flapjacks or fruit salad	Chocolate cookies, milk and fresh pineapple slices	Fruity chocolate tray bake or fruit salad	Doughnuts or mixed fresh fruit

Fresh salad, fruit, yoghurt and bread available daily