



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Spring Vegetable Quiche	Chicken Chow Mein with Stir Fried	Roast Chicken with Stuffing	Chicken Balti	Pizza
Battered Fish	Cheese and Onion Puff Pastry	Quorn Sausages	Quorn Pasta	Fish
New Mid Potatoes	Noodles & Diced Herby Potatoes	Roast Potatoes Mashed Potatoes	Rainbow Rice	Chips
Sweet Corn Green Beans	Mixed Vegetables	Broccoli Cauliflower	Sweet corn Carrots	Tomatoes Baked Beans
Chocolate Sponge & Custard	Muffins & Milk	Jam Sponge & Custard	Shortbread & Juice	Ice-cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options & Fresh Seasonal Salad Bar Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH

Ark Tindal



YOUR MENU WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Tikka	Lamb Lasagne	Roast Chicken with Yorkshire Pudding	Lamb Koftas	Pizza
Vegetable Pliau	Cheese & Potato Pie	Macaroni Cheese with Broccoli	Spinach Chickpea & Sweet Potato Curry	Spring Rolls
Pasta	Garlic Bread Baby Potatoes	Roast Potatoes	Rice	Chips
Sweet corn	Mixed Vegetables Baked Bean	Carrots Cauliflower	Carrots Sweet corn	Baked Beans Peas
Ginger Sponge & Custard	Chocolate Muffins & Milk	Syrup Sponge with Custard	Chocolate Cracknell	Jelly & Fruit

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MADE FRESH

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YOUR MENU

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetables Katlamas	Lamb Burgers	Southern Chicken	Lamb Curry	Pizza
Fish Fingers	Ouorn Burgers	Cauliflower Broccoli Cheese Bake	Bombay Potato	Spring Rolls
Diced Herby Potatoes	Jacket Wedges	Pasta Garlic Bread	Naan Bread Rice	Chips
Baked Beans Peas	Sweet corn	Carrot Peas		Baked Beans Tomatoes
Apple Crumble & Custard	Chocolate Concrete	Cookies & Milk	Carrot & Orange Cake	Ice Cream

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